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men in Seattle?

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Seattle Met

THE EVERYTHING GUIDE TO THE
SAN JUAN ISLANDS

From
KAYAKING OFF
THE ORCAS COAST
to
WHALE WATCHING
ON HARO STRAIT
to
BREWERY HOPPING ALL
OVER THE SAN JUAN
ARCHIPELAGO

Plus
BECOME A
FERRY
MASTER

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SeattleMet AUGUST 2014

THE EVERYTHING GUIDE TO THE SAN JUAN ISLANDS

SeattleMet

TOP

**DOCTORS
& NURSES**

2014

**974 PRACTITIONERS
IN 78 SPECIALTIES**





Seattle Met's annual Top Doctor and Nurse Practitioner rankings are in.

Over 1,400 doctors, nurses, and physician assistants in the Seattle metropolitan area participated in our 2014 survey, for which we asked, "If you or a loved one needed medical care, whom would you choose?" Of the nearly 13,000 nominations we received, the top 15 percent of practitioners were considered as semifinalists for the 2014 Top Doctors and Nurses list.

We invited an anonymous advisory panel of administrators, doctors, nurse practitioners, and physician assistants from local hospitals, clinics, private practices, and associations to vet all nominations and further authenticate the results. The panel's criteria to select the finalists included a provider's years of experience and competency within his or her specialty, rapport with patients, including patient satisfaction and compliance with care recommendations, and ability to work effectively with colleagues across specialties to deliver the best care for patients. The panel also sought to adequately represent smaller private practices, which tend to encounter fewer colleagues on a day-to-day basis than their peers at large hospital systems.

The resulting list is presented here alphabetically by specialty. As of press time, all the top-ranked doctors and nurse practitioners were certified to practice by the Washington State Department of Health and were free of disciplinary sanctions. For some providers we include areas of focus within their practice—for example, a nephrologist listing might also include hypertension and kidney care to equip the reader with more context regarding a provider's practice. This in no way indicates that the doctor's practice is limited to those areas of focus. Some doctors and nurse practitioners are certified in more than one specialty; only one is listed in the magazine.

Finally, this is just the first step in your careful search for practitioners who are right for you. Continue your pursuit in our extended database of regional health care providers at seattlemet.com/doctors2014. —Ariana Dawes

ACUPUNCTURE

Amy Chen
Pain management, infertility, quit smoking, allergies
Bellevue, 425-456-8880
Acupuncture and Chinese Herb Clinic

Peishan Chen
Fertility, women's health, arthritis, asthma
Bellevue, 425-644-2056
Chen's Acupuncture Associates and Wellness

Molly Connelly
Sports injuries, Crohn's, PTSD
West Seattle, 206-200-3467
The Point Joint

Johanna Flynn
Fertility specialist
Ballard, 206-706-3916
Seattle Family Acupuncture

Chongyun Liu
Pain, asthma, allergies, pregnancy, Chinese herbs
Ravenna, 206-528-4678
Tai Chi Acupuncture

Tyler Martin
Low back and neck pain, migraines, TMJ, insomnia
Ballard, 206-582-3469
Fit Acupuncture Centers

Paul Nojaim
Pain, digestive disorders, stress, mental/emotional conditions
West Seattle, 206-923-2053
West Seattle Acupuncture

Brian R. Perry
Hormone therapy, postsurgery therapy, stress
Waterfront, 206-838-1160
Brian R. Perry Acupuncture and Natural Sports Medicine

ACUTE CARE NURSE PRACTITIONERS

Jean Marie Blue
U District, 206-520-5000
UW Medicine

Kathleen Errico
U District, 206-520-5000
UW Medicine

Sarah Layman
U District, 206-520-5000
UW Medicine

Rachel Maas
Kirkland, 425-889-0555
EvergreenHealth

Gwyn Mannery
First Hill, 206-744-3017
UW Medicine

Katie Moore
Neurological surgery
First Hill, 206-744-3020
UW Medicine

Melody Music
Pulmonary disease
First Hill, 206-320-6500
Minor and James

Lacey L. Siekas
Infectious disease
First Hill, 206-223-6881
Virginia Mason

Laurie Soine
U District, 206-520-5000
UW Medicine

ADDICTION MEDICINE

Ryan Caldeiro
Addiction, psychiatry
Downtown Seattle, 206-287-2500
Group Health

Steven M. Juergens
Psychiatry
Bellevue, 425-454-0255
Overlake

Joseph Merrill
First Hill, 206-744-3018
UW Medicine

James S. Walsh
Alcohol/drug withdrawal, pregnant women
Ballard, 206-781-6048
Swedish

ADOLESCENT MEDICINE

David J. Breland
Male health, eating disorders, obesity, gender identity
Laurelhurst, 206-987-2028
Seattle Children's

ADULT NURSE PRACTITIONERS

Marty Babcock
Geriatrics, women's health, dermatology
Beacon Hill, 206-326-2400
Pacific Medical Centers

Suzanne Bladec
Primary care, women's health, internal medicine
Shoreline, 206-546-5181
Richmond Internal Medicine

Sandra Canaday
Chronic pain, Botox therapy for migraines
Renton, 206-805-8885
Seattle Pain Center

Lisa Crosby
First Hill, 206-682-5800
Seattle Obstetrics and Gynecology Group

Barbara Dailey
Kirkland, 360-217-8478
Supportive Therapies

Heidi Dishneau
Breast surgery, cancer
Issaquah, 425-313-7124
Swedish

Mary Galvin
Gastroenterology
Seattle, 206-326-3000
Group Health

Carrie Graham
Neurology
U District, 206-520-5000
UW Medicine

Mary J. Heffernan
Breast surgery
Bellevue, 425-688-0212
Overlake

Katie Hester
Holistic care, preventive health, family planning
Capitol Hill, 206-299-1600
Country Doctor Community Clinic

Suzanna Johnson
Anesthesiology
Bellevue, 425-502-3000
Group Health

Constance Keibler
Prevention/treatment of heart disease
First Hill, 206-223-6881
Virginia Mason

Anna Krumpe
First Hill, 206-744-3012
UW Medicine

Debra J. Laurent
Central District, 206-215-4545
Swedish

Christine Leafdale
Vascular surgery
Bellevue, 425-453-1772
Lake Washington Vascular

Jane Leavitt
First Hill, 206-744-3013
UW Medicine

***Cyndie Marckmann**
Puyallup, 253-848-5951
Sound Family Medicine

Cynthia Natiello
First Hill, 206-744-3021
UW Medicine

Carly Searles
Breast health, women's health
First Hill, 206-223-6881
Virginia Mason

Betty White
Crohn's, colitis
Tacoma, 253-272-5127
Digestive Health Specialists

ALLERGY AND IMMUNOLOGY

Leonard C. Altman
Urticaria (hives)
Northgate, 206-527-1200
Northwest Asthma and Allergy Center

Andrew G. Ayars
Bellevue, 425-646-7777
UW Medicine

Garrison Ayars
Hives, asthma, seasonal and food allergies, sinus infection
Bellevue, 425-454-2191
Allergy and Asthma Associates

William K. Butler
Pediatric allergy/immunology
Everett, 425-261-1500
Group Health

Vinod Doreswamy
Allergy testing, chronic respiratory infections
Northgate, 206-860-4454
The Polyclinic

Mary Farrington
Pediatric, asthma, eczema, immune system dysfunction
First Hill, 206-223-6881
Virginia Mason

Joyce K. Lammert
Asthma, chronic sinusitis, chronic rhinosinusitis
First Hill, 206-223-6881
Virginia Mason

Arvinder S. Mokha
Allergy, asthma, drug allergy, eczema, food allergies
First Hill, 206-860-4487
The Polyclinic

David M. Robinson
Clinical immunology, primary immune deficiency in adults
First Hill, 206-223-6881
Virginia Mason

John Yuen
Systemic lupus erythematosus, vasculitis
Beacon Hill, 206-505-1001
Pacific Medical Centers

ANESTHESIOLOGY

Shelley Agricola
Cardiac anesthesiology
Bellevue, 425-822-8888
Overlake

Hugh W. Allen
Regional anesthesia, medical informatics
Capitol Hill, 206-326-3000
Group Health

Alan Artru
U District, 206-520-5000
UW Medicine

David Auyong
Ultrasound-guided regional anesthesia
First Hill, 206-223-6881
Virginia Mason

Daniel Baldini
Bellevue, 425-502-3000
Group Health

Meagan K. Bouse
Kirkland, 425-899-3446
EvergreenHealth

John Bramhall
First Hill, 2067443003
UW Medicine

Robert S. Burks
Kirkland, 425-899-3446
EvergreenHealth

Robert A. Caplan
Airway management
First Hill, 206-223-6881
Virginia Mason

Joseph Colello
Pediatrics
Bellevue, 425-646-5825
Matrix Anesthesia

Howard Colston
Kirkland, 425-646-5825
Matrix Anesthesia

John Costello
Anesthesia and trauma
Bellevue, 425-822-8888
Overlake

Satvinder S. Dhesi
Spinal cord stimulation
Edmonds, 425-563-6252
The Washington Center for Pain Management

Robert Andrew Gertler
Capitol Hill, 206-326-3000
Group Health

Hyun J. Hong
Treatment of the whole person, counseling
Edmonds, 425-774-1538
The Washington Center for Pain Management

Craig Johnston
First Hill, 206-625-0578
Physicians Anesthesia Service

David Kim
Kirkland, 425-646-5825
Matrix Anesthesia

Michael S. Kincaid
Kirkland, 425-899-3446
EvergreenHealth

Arthur M. Lam
Percutaneous tracheostomy
Central District, 206-625-0578
Swedish

James Larson
Cardiac
Bellevue, 425-822-8888
Overlake

*Does not accept new patients

TOP DOCTORS & NURSES 2014

Stephen Lavine
Capitol Hill, 206-326-3000
Group Health

June Lee
Kirkland, 425-646-5825
Matrix Anesthesia

Steve Lee
Kirkland, 425-889-3446
EvergreenHealth

Aaron Levin
Transesophageal
echocardiography
Bellevue, 425-822-8888
Overlake

Frank D. Li
Spinal cord stimulation,
intrathecal pumps
Renton, 206-805-8885
Seattle Pain Center

David Liu
Perioperative pain
management
First Hill, 206-223-6600
Group Health

Sundeep Malik
High-risk adult surgery,
routine age one and older
First Hill, 206-625-0578
Physicians Anesthesia Service

Joseph M. Neal
Regional anesthesia and
complications, acute pain
First Hill, 206-223-6881
Virginia Mason

Mark Newman
Kirkland, 425-899-3446
EvergreenHealth

Rolf Olsoy
Kirkland, 425-646-5825
Matrix Anesthesia

Donald Oxorn
U District, 206-520-5000
UW Medicine

Wendy L. Pabich
Cardiothoracic surgery,
anesthesiology
Central District, 206-625-0578
Physicians Anesthesia Service

Francis Salinas
Regional, orthopedic, and
cardiothoracic
First Hill, 206-223-6881
Virginia Mason

Steven Sasaki
Pediatrics
Kirkland, 425-646-5825
Matrix Anesthesia

Gouri Sivarajan
First Hill, 206-744-3025
UW Medicine

Andrew Smith
First Hill, 206-744-3026
UW Medicine

David Tauben
U District, 206-520-5000
UW Medicine

Ian H. Wright
First Hill, 206-625-0578
Physicians Anesthesia Service

Yongyi Zhu
Chronic pain, injections,
medication management
Bellevue, 425-563-6252
The Washington Center for
Pain Management

Patricia S. Zundel
Cardiac, transesophageal
echocardiography
Bellevue, 425-822-8888
Overlake

CARDIOLOGY

Ronnie Aviles
Transcatheter aortic valve
replacement
Bellevue, 425-454-2656
Overlake

Peter A. Demopoulos
Congenital cardiac disease,
echocardiography
Central District, 206-215-4545
Swedish

Joseph W. Doucette
Angiography, percutaneous
intervention (stents)
Bellevue, 425-454-2656
Overlake

Christopher L. Fellows
Cardiac electrophysiology,
arrhythmias
First Hill, 206-223-6881
Virginia Mason

Daniel Fishbein
First Hill, 206-744-3008
UW Medicine

William Getchell
Catheterization, pacemaker
implantation
Kirkland, 425-899-0555
EvergreenHealth

Margaret Hall
Northgate, 206-363-1004
Summit Cardiology

Scott Haugen
Interventional cardiovascular
medicine
Bellevue, 425-502-3000
Group Health

Julie Heyn
Cardiovascular disease,
echocardiography
Northgate, 206-363-1004
UW Medicine

John R. Holmes
Congestive heart failure,
echocardiography
First Hill, 206-223-6881
Virginia Mason

Wayne S. Hwang
Peripheral vascular disease,
functional stress testing
First Hill, 206-223-6881
Virginia Mason

Edward Kim
Kirkland, 425-899-0555
EvergreenHealth

Gordon L. Kritzer
Diagnostic and interventional
cardiology
First Hill, 206-223-6881
Virginia Mason

Peter R. Kures
Cardiovascular disease
Bellevue, 425-454-1560
Overlake

James H. Leggett
Coronary and peripheral
artery disease
Bellevue, 425-454-2656
Overlake

Wayne Levy
Cardiac biopsies
U District, 206-520-5000
UW Medicine

Philip Massey
Echocardiography, nuclear
cardiology, valve disease
First Hill, 206-505-1300
Pacific Medical Centers

John Nemanich
Heart trouble
Renton, 425-251-5108
Southlake Clinic

Gary E. Oppenheim
Angioplasty, blood
management, EBT screening
Central District, 206-215-4545
Swedish

Mark Reisman
U District, 206-520-5000
UW Medicine

Arthur D. Resnick
Invasive cardiology,
endomyocardial biopsy
Capitol Hill, 206-326-3000
Group Health

Derek M. Rodrigues
Electrophysiology, cardiac
rhythm abnormalities
Bellevue, 425-454-2656
Overlake

April Stempien-Otero
U District, 206-520-5000
UW Medicine

Douglas Stewart
U District, 206-520-5000
UW Medicine

Karen Stout
U District, 206-520-5000
UW Medicine

Mark R. Vossler
Cardiac catheterization,
nuclear cardiology
Kirkland, 425-899-0555
EvergreenHealth

Gary Weeks
Vascular disease, minimally
invasive techniques
Northgate, 206-363-1004
UW Medicine

James Willems
Coronary artery disease,
congestive heart failure
First Hill, 206-860-2302
The Polyclinic

Rachael Wyman
Echocardiogram, nuclear
cardiology testing
Kirkland, 425-899-0555
EvergreenHealth

Marko Yakovlevitch
Stress testing, ultrasound
and nuclear cardiac imaging
Northgate, 206-363-1004
Summit Cardiology

Eugene Yang
Bellevue, 425-646-7777
UW Medicine

CARDIOTHORACIC SURGERY

Gabriel Aldea
First Hill, 206-744-3000
UW Medicine

Robert Binford
Complex valve repairs,
beating heart surgery
Bellevue, 425-454-8161
Overlake

Mark E. Hill
Aortic, mitral valve surgery
First Hill, 206-223-6881
Virginia Mason

David W. Nelson
Adult cardiac surgery, lung
cancer surgery
Bellevue, 425-454-8161
Overlake

Edward Verrier
First Hill, 206-7443030
UW Medicine

CERTIFIED NURSE ANESTHETISTS

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U District, 206-520-5000
UW Medicine

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U District, 206-520-5000
UW Medicine

Patrick Klimczyk
U District, 206-520-5000
UW Medicine

Gail Wiener
First Hill, 206-7443032
UW Medicine

Allyn Wilcock
U District, 206-520-5000
UW Medicine

CERTIFIED NURSE MIDWIVES

Sally L. Avenson
Low-risk childbirth
Roosevelt, 206-527-8773
Sally Avenson, ARNP, CNM

Heather Bradford
IUDs
Kirkland, 425-899-4012
EvergreenHealth

Shana Burton
Kirkland, 425-899-4012
EvergreenHealth

Laura C. Carmichael
Bellevue, 425-454-3366
Overlake

Laura Denman
Renton, 425-656-5321
UW Medicine/Valley

Michele Jackson
Pregnancy, well woman,
fertility, birth control
Kirkland, 425-899-4012
EvergreenHealth

Lesley Howard Kennedy
Pregnancy, gynecology
Greenwood, 206-782-8660
Neighborhood Health

Judith Lazarus
Pregnancy, gynecology
Rainier Beach, 206-722-8444
Neighborhood Health

Mary Mittell
Pregnancy, gynecology
Lake City, 206-417-0326
Neighborhood Health

Jana Swett
Capitol Hill, 206-326-3500
Group Health

CHILD PSYCHIATRIC AND MENTAL HEALTH NURSE PRACTITIONERS

Therese A. Vafaezadeh
Transition from pediatric to
adult care
U District, 206-987-8080
Seattle Children's

Patti A. Varley
Psychopharmacology with
children and adolescents
Laurelhurst, 206-987-2164
Seattle Children's

CHILD PSYCHIATRY

Ray Chih-Jui Hsiao
Adolescent substance abuse
Laurelhurst, 206-987-2164
Seattle Children's

Bryan H. King
Autism, developmental
disabilities
Laurelhurst, 206-987-2164
Seattle Children's

Hower Kwon
Pediatric and adolescent
psychiatry
Bellevue, 425-454-2911
Bellevue Child Behavior
Center

***Zsolt Lorant**
Mill Creek, 425-339-5453
The Everett Clinic

James Adam Parker
Psychopharmacology,
developmental disorders
Downtown Seattle, 206-
287-2500
Group Health

Carol Rockhill
Assessment and treatment of
mental health disorders
Bellevue, 206-987-2164
Seattle Children's

Lisa Zbaraschuk
Fremont, 206-522-8553
Lisa Zbaraschuk, MD

CHIROPRACTIC

Gary Blackburn
Sports medicine, soft tissue
injuries
Kent, 253-854-8880
Rebound Functional Training
and Rehab

Tim Clanton
Sports related, and general
chiropractic
Kirkland, 425-814-2800
Northwest Chiropractic
Center

Cody Drake
Spinal realignment
rehabilitation
South Lake Union, 206-
749-5253
Lake Union Wellness

Low Estabrook
Sports related, and general
chiropractic
Kirkland, 425-814-2800
Northwest Chiropractic
Center

Harold Rasmussen
Spinal adjustments,
extremities, auto accidents
West Seattle, 206-935-7222
West Seattle Chiropractic
Clinic

Karen Shepard
Bellevue, 425-641-2822
Simply Chiropractic

Ronnie Sikka
Car accidents, work
accidents
Everett, 425-355-5000
Progressive Chiropractic and
Massage

Ted Steffen
Chiropractic adjustments
and massage therapy
South Lake Union, 206-
749-5253
Lake Union Wellness

Vuong Vo
Sports injuries
Marysville, 360-547-4044
Performance Chiropractic

Jeremy Welch
Bellevue, 425-643-4454
Pure Chiropractic Center

CLINICAL GENETICS

Peter Byers
U District, 206-520-5000
UW Medicine

Ian A. Glass
Neurogenetics, Joubert
syndrome, skeletal dysplasia
Laurelhurst, 206-987-2056
Seattle Children's

Fuki Hisama
U District, 206-520-5000
UW Medicine

Gail Jarvik
U District, 206-520-5000
UW Medicine

Kathleen Ann Leppig
Syndrome identification,
cytogenetic abnormalities
Capitol Hill, 206-326-3000
Group Health

COLON AND RECTAL SURGERY

Amir Bastawros
Abdominal surgery, Crohn's,
familial colon cancer
First Hill, 206-386-6600
Swedish

Oliver Biggers
Colonoscopy, inflammatory
bowel disease, fistula
Bellevue, 425-453-8355
Overlake

Alessandro Fichera
Colorectal and anal cancers,
inflammatory bowel disease
Capitol Hill, 206-598-4477
Seattle Cancer Care Alliance

Laura Gladstone
First Hill, 206-860-4440
The Polyclinic

Harry A. Kahn
Kirkland, 425-899-5500
EvergreenHealth

Steven J. Medwell
Ulcerative colitis and Crohn's,
laparoscopic surgery
First Hill, 206-860-4440
The Polyclinic

Mika Sinanan
General and colorectal
surgery
U District, 206-520-5000
UW Medicine

CRITICAL CARE MEDICINE
Radha Agrawal
Needle aspiration of
intrathoracic lymph nodes
Bellevue, 425-454-2671
Overlake

Maira Aitken
U District, 206-520-5000
UW Medicine

Joshua Benditt
U District, 206-520-5000
UW Medicine

Michael Bundesmann
Pulmonary function testing,
endobronchial ultrasound
Kirkland, 425-899-6972
EvergreenHealth