

TOP DOCTORS & NURSES 2013

# Seattle Met

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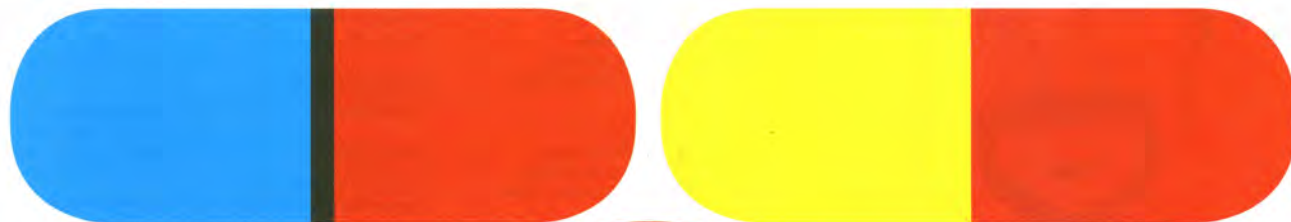
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# TOP DOCTORS

AND

# NURSES

# 2013

**722** Doctors  
and Nurses in  
**76** Specialties

Edited by Karen Taylor Quinn  
Illustrations by Alex Fine



**S**eattle Met's annual Top Doctors and Nurses rankings are in. Over 1,100 doctors, nurses, and physician's assistants in the Seattle metropolitan area participated in our 2013 survey, for which we asked: *If you or a loved one needed medical care, whom would you choose?* Of the 7,000 nominations we received, the top 12 percent of practitioners in each specialty were considered as finalists for the 2013 Top Doctors and Nurses list.

This year, we invited an anonymous advisory panel of administrators, doctors, and nurses from local hospitals, clinics, and practices to vet the list and share their expertise, further authenticating the results. The final list represents roughly the top 10 percent of nominations in each specialty.

The resulting list of 722 top practitioners is presented here alphabetically by specialty. As of press time, all the top-ranked doctors and nurse practitioners were certified to practice in their fields by the Washington State Department of Health.

Seattle Met researchers gave medical professionals the opportunity to specify areas of focus within their practices. For example, a doctor in the field of allergy and immunology might list pollen and food allergy, asthma, and immune deficiency to provide the reader with more context regarding his or her practice. This in no way indicates that the doctor's practice is limited to those areas of focus.

Each year, we seek a diverse response for specialties underrepresented in past surveys (such as acupuncture and naturopathy), geographic regions, and types of practice. Private practices, due to small staffs and the fact they encounter fewer colleagues on a day-to-day basis, are rarely adequately represented on lists like these; doctors and nurse practitioners at big hospitals tend to get more votes. Though we've given close attention to creating a comprehensive list, this reference is best used as a first step in the careful journey toward finding practitioners who are right for you.




WHAT IT'S LIKE TO

## SAVE A LIFE WITH AN ORGAN TRANSPLANT

Michael Mulligan

Program Director for Lung Transplantation at University of Washington Medical Center

 was driving to work at UW Medical Center on 9/11 when I heard that a plane hit the first of the Twin Towers. An hour later, my team got an organ offer out of Alaska. At the time, we had one patient with cardiomyopathy who needed a heart and one with emphysema who needed new lungs. The FAA had grounded all civilian aircraft, but the medical director of the hospital came marching into our operating room and told me, "If you don't fly up there to get the organs, the terrorists win."

I asked my father, a former naval pilot, how best to navigate the restrictions. Then we chartered a flight to Fairbanks, harvested the lungs and heart, and started back toward Seattle. We were almost home, flying over the Space Needle, when we suddenly veered back out toward the water and headed north. I tried to alert the pilot that we needed to land immediately, and then I looked out the window and saw two fighter jets off our wing. It turned out that we were identified as a civilian aircraft with no registered flight plan, flying at max velocity toward Seattle on 9/11.

They finally forced us down in Bellingham. The organs were in the cooler, and we were on the clock. The patients had already been prepared for surgery, and if we didn't get to them fast, both would have been at an acute risk of death.

A passenger on our plane knew a colonel on Whidbey, who personally cleared an air corridor right down to Husky Stadium. They set up a helicopter and said, "We can take one person and the organs, that's it." So I jumped in, and we took off toward Seattle, landing just outside the stadium. I grabbed the coolers, hopped out, and sat down on the ground as the helicopter flew off in a torrent of wind. I took a few deep breaths, then rushed to the hospital and transplanted the organs. The surgery was perfect, and both recipients did phenomenally. It was a matter of not relenting. Eyes on the prize.



### ACUPUNCTURE

**Johanna Flynn**  
Seattle, 206-706-3916  
Seattle Family Acupuncture

**Christy Guzman**  
Seattle, 206-726-0034  
Institute of Complementary  
Medicine

**Janci Karp**  
Naturopathic medicine,  
women's health, fertility/  
preconception care, mental  
health  
Seattle, 206-726-0034  
Institute of Complementary  
Medicine

**Yoon Kwon**  
Edmonds, 425-774-1538  
Washington Center for Pain  
Management

**Annette Sacksteder**  
Mood disorders, menopause,  
acute and chronic pain,  
digestive disorders  
Seattle, 206-726-0034  
Institute of Complementary  
Medicine

### ALLERGY AND IMMUNOLOGY

**Leonard Altman**  
Seattle, 206-527-1200  
Northwest Asthma and Allergy

**William Butler**  
Seattle, 206-448-5600  
Group Health Medical Center

**Vinod Doreswamy**  
Anaphylaxis; environmental,  
food, and drug allergies  
Seattle, 206-860-4454  
Polyclinic

**Mary Farrington**  
Pediatric allergy, asthma,  
atopic dermatitis (eczema),  
food allergy and immune  
system dysfunction  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Joyce Lammert**  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Paul McBride**  
Everett, 425-339-5412  
The Everett Clinic

**Arvin Mokha**  
Pollen and food allergy,  
asthma, immune deficiency  
Seattle, 206-860-4487  
Polyclinic

**David M. Robinson**  
Asthma, allergy, clinical  
immunology, adult primary  
immune deficiency  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Stephen Tilles**  
Unique asthma, vocal cord  
dysfunction  
Redmond, 425-898-2000  
Northwest Asthma and Allergy

**Frank Virant**  
Seattle, 206-527-1200  
Northwest Asthma and Allergy

### ANESTHESIOLOGY

**Hugh Allen**  
Pain medicine  
Seattle, 206-326-3000  
Group Health Medical Center

**Alan Artru**  
Seattle, 206-685-2071  
UW Medicine

**Daniel Baldini**  
Emergency medicine  
Bellevue, 425-502-3000  
Group Health Medical Center

**Robert Caplan**  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Jeremy Geiduschek**  
Seattle, 206-987-2518  
Seattle Children's Hospital

**James Helman**  
Pain medicine  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**David Kim**  
Orthopedic surgery  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Stephen Lavine**  
Seattle, 206-326-3000  
Group Health Medical Center

**Mark Newman**  
Kirkland, 425-899-1000  
EvergreenHealth

**Richard Nguyen**  
Seattle, 206-368-1008  
Northwest Anesthesiologists

**Gene Peterson**  
Seattle, 206-598-6600  
UW Medicine

**Ryan Pong**  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Stephen Rupp**  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Francis Salinas**  
Seattle, 206-223-6881  
Virginia Mason Medical Center



### CARDIOLOGY

**Peter Baciewicz**  
Cardiac nuclear medicine,  
cardiac CT scans  
Seattle, 206-860-2302  
Polyclinic

**Joshua Buckler**  
Valve disease, coronary  
artery disease, arrhythmias  
Seattle, 206-505-1300  
Pacific Medical Centers

**Christopher Fellows**  
Arrhythmias, pacemakers,  
defibrillators, cardiac elec-  
trophysiology  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Julie Heyn**  
Seattle, 206-363-1004  
Northwest Hospital

**John Holmes**  
Diagnostic and invasive car-  
diology, echocardiography,  
diagnostic cardiology  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Kier Huehnergath**  
Echocardiography, cardiac  
nuclear medicine  
Seattle, 206-860-2302  
Polyclinic

**Gordon Kritzer**  
Interventional and invasive  
cardiology, cardiac reha-  
bilitation  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Philip Massey**  
Coronary artery disease,  
congestive heart failure,  
echocardiography, nuclear  
cardiology  
Seattle, 206-505-1300  
Pacific Medical Centers

**Arthur Resnick**  
Internal medicine  
Seattle, 206-326-3000  
Group Health Medical Center

**Derek Rodrigues**  
Blood management tech-  
niques, electrophysiology  
Kirkland, 425-454-2656  
Overlake Hospital

**Gary Weeks**  
Seattle, 206-363-1004  
Summit Cardiology

**James Willems**  
Echocardiography, cardiac  
nuclear medicine, cardiac  
CT scans  
Seattle, 206-860-2302  
Polyclinic

**Marko Yakovlevitch**  
Seattle, 206-363-1004  
Summit Cardiology

**Eugene Yang**  
Bellevue, 425-646-7777  
UW Medicine

### CARDIOTHORACIC SURGERY

**Gabriel Aldea**  
Cardiology  
Seattle, 206-221-3166  
UW Medicine

**Mark Hill**  
Cardiothoracic surgery,  
aortic and mitral valve sur-  
gery, coronary bypass, aortic  
repair and rhythm surgery  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Michael Mulligan**  
Lung transplant  
Seattle, 206-221-2504  
UW Medicine

**Joseph Teply**  
Seattle, 206-324-7300  
Swedish Medical Center

**Gautam Velamoor**  
Thoracic surgery, cardiac  
rehabilitation, mitral valve  
repair, valvuloplasty  
Seattle, 206-223-6881  
Virginia Mason Medical Center

**Edward Verrier**  
Seattle, 206-685-3370  
UW Medicine

**Douglas Wood**  
Seattle, 206-685-3228  
UW Medicine

### CHILD PSYCHIATRY

**Robert Devney**  
Woodinville, 425-481-0429  
Woodinville Psychiatric  
Associates

**Ray Hsaio**  
Adolescent substance abuse  
program  
Seattle, 206-987-2164  
Seattle Children's Hospital

**Bryan King**  
Seattle, 206-987-2164  
Seattle Children's Hospital

# TOP DOCTORS AND NURSES 2013

## Jennifer Gorman

Inflammatory arthritis, spondyloarthropathies  
Seattle, 206-860-2244  
*Polyclinic*

## Florence Hsu

Inflammatory arthritis, spondyloarthropathies  
Seattle, 206-860-4616  
*Polyclinic*

## Richard Neiman

Kirkland, 425-899-1664  
*EvergreenHealth*

## Sue Romanick

Bellevue, 425-462-2531  
*Private Practice*

## Vivian Stone

Seattle, 206-223-6881  
*Virginia Mason Medical Center*

## Mary Wemple

Rheumatoid arthritis, connective-tissue disease, osteoporosis  
Seattle, 206-505-1001  
*Pacific Medical Centers*

## John Yuen

Rheumatoid arthritis, systemic lupus erythematosus, vasculitis, osteoporosis  
Seattle, 206-505-1001  
*Pacific Medical Centers*



## SLEEP MEDICINE

### Oneil Bains

Sleep disorders  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### David C. Chang

Sleep disordered breathing  
Seattle, 206-860-4545  
*Polyclinic*

### Morris Chang

Sleep apnea, insomnia, restless leg syndrome  
Burien, 206-988-5779  
*Highline Sleep Center*

### William DePaso

Cardiopulmonary complications of sleep apnea, sleep disorders associated with fibromyalgia, restless leg syndrome  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### Suzanne Krell

Renton, 425-251-5110  
*Southlake Clinic*

### David Lewis

Critical care and internal medicine, pulmonary disease  
Seattle, 206-326-3000  
*Group Health Medical Center*

## SPORTS MEDICINE

### Rosemary Agostini

Bellevue, 425-502-3000  
*Group Health Medical Center*

### David Belfie

Orthopedic surgery, minimally invasive surgery  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

## Jonathan Franklin

Knee and shoulder arthroscopy  
Seattle, 206-363-8100  
*Orthopedic Specialists of Seattle*

## Christopher Maeda

Injury prevention, ultrasound-guided injections, diagnosing and rehabbing sports related injuries  
Seattle, 206-505-1001  
*Pacific Medical Centers*

## Michael Morris

Orthopedic surgery, knee and shoulder arthroscopy, ACL and shoulder reconstruction  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

## John O'Kane

Seattle, 206-543-1552  
*UW Medicine*

## Ashwin Rao

Seattle, 206-685-1011  
*Hall Health Center*

## Justin Rothmier

Seattle, 206-368-6100  
*The Sports Medicine Clinic*

## Joel Shapiro

Shoulder and elbow surgery  
Seattle, 206-633-8100  
*Orthopedic Specialists of Seattle*



## UROLOGY

### Emily Bradley

Urologic cancers, incontinence, laparoscopic surgery, voiding dysfunction  
Seattle, 206-528-4944  
*Polyclinic*

### John Corman

Prostate cancer, kidney cancer  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### Andrew Deck

Kirkland, 425-899-5800  
*Washington Urology Associates*

### Michael Han

Laparoscopic and robotic urology, no-scalpel vasectomy  
Seattle, 206-505-1300  
*Pacific Medical Centers*

### Kathleen Kobashi

Urinary incontinence, female urology, voiding dysfunction, pelvic-floor reconstruction  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### Paul Kozlowski

Laparoscopic surgery, prostate cancer, urologic oncology  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### Jian Ma

Redmond, 425-502-4200  
*Group Health Medical Center*

### Joseph Marquez

Laparoscopic surgery, brachytherapy for prostate cancer, cryotherapy for prostate and kidney cancer  
Seattle, 206-860-5474  
*Polyclinic*

### Tanya Nazemi

Kirkland, 425-899-5800  
*Washington Urology Associates*

### Thomas Walsh

Seattle, 206-543-4740  
*UW Medicine*

## Jonathan Wright

Bladder, prostate, and penile cancer; robotic surgery  
Seattle, 206-288-1024  
*Seattle Cancer Care Alliance*



## VASCULAR / INTERVENTIONAL RADIOLOGY

### Robert Crane

Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### William Crenshaw

Bellevue, 425-688-5005  
*Overlake Hospital*

### Geoffrey Ferguson

Everett, 425-297-6200  
*Radia*

### Mehran Fotoohi

Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### Ellen Hauptmann

Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### Ray Jensen

Seattle, 206-306-1011  
*Via Radiology*

### Michael Maxin

Diagnostic radiology  
Seattle, 206-326-3000  
*Group Health Medical Center*

### Frantz Pierre-Jerome

Fibroid embolization, venous access, peripheral angioplasty  
Bellevue, 425-688-5005  
*Overlake Hospital*

### David H. Robinson

Seattle, 206-223-6881  
*Virginia Mason Medical Center*

## VASCULAR SURGERY

### Brian Ferris

Bellevue, 425-453-1772  
*Lake Washington Vascular*

### Kathleen Gibson

Bellevue, 425-453-1772  
*Lake Washington Vascular*

### Kaj Johansen

Thoracic outlet syndrome, amputation surgery  
Seattle, 206-320-3100  
*Polyclinic*

### Benjamin Lerner

Seattle, 206-368-1070  
*Northwest Hospital*

### William McQuinn

General surgery  
Bellevue, 206-326-3000  
*Overlake Hospital*

### Mark Meissner

Seattle, 206-598-1597  
*UW Medicine*

### Renee Minjarez

Bellevue, 425-453-1772  
*Overlake Hospital*

### Daniel Neuzil

Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### Daniel Pepper

Bellevue, 425-453-1772  
*Lake Washington Vascular*

### Damon Pierce

Endovascular repair  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

## Terence Quigley

Aortic aneurysms, carotid surgery, leg vascular disease, complex wound care  
Seattle, 206-368-1070  
*Northwest Hospital*

## Edmond Raker

General surgery, minimally invasive surgery  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

## Benjamin Starnes

Seattle, 206-744-2452  
*Harborview Medical Center*

## Leonard Su

Bellevue, 425-453-1772  
*Lake Washington Vascular*



## ACUTE CARE NURSE PRACTITIONER

### Michaelene Deelstra

Seattle, 206-363-1004  
*Summit Cardiology*

### Laurie Soine

Cardiology  
Seattle, 206-598-5286  
*UW Medicine*

## ADULT HEALTH NURSE PRACTITIONERS

### Marty Babcock

Geriatrics, women's health, dermatology, preventive  
Seattle, 206-326-2400  
*Pacific Medical Centers*

### Cathy Goetsch

Hematology/oncology, hereditary cancer risk and cancer prevention  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### Laurie Soine

Cardiology  
Seattle, 206-598-5286  
*UW Medicine*

## CERTIFIED NURSE ANESTHETISTS

### Allyn Wilcock

Seattle, 206-598-4260  
*UW Medicine*

## CERTIFIED NURSE MIDWIVES

### Sally Avenson

Normal birthing, higher-risk birth within hospitals  
Seattle, 206-527-8773  
*Private Practice*

### Heather Bradford

Kirkland, 425-899-1001  
*EvergreenHealth*

### Michelle Grandy

Seattle, 206-368-6670  
*UW Medicine*

## FAMILY NURSE PRACTITIONERS

### Deonne Brown Benedict

Edmonds, 206-714-4476  
*Charis Family Clinic*

## Nancy Lawton

Seattle, 206-782-8660  
*Neighborcare Health Greenwood Medical Clinic*

## Colleen Pacem

Kirkland, 425-899-1000  
*EvergreenHealth*

## Robert Smithing

Kent, 253-859-2273  
*Family Care of Kent*

## Maddy Wiley

Kent, 253-859-2273  
*Family Care of Kent*

## Teresa Wolber

Family medicine, women's health, adolescent care  
Seattle, 206-517-6700  
*Pacific Medical Centers*

## GERIATRIC NURSE PRACTITIONER

### Susan Beeman

Kirkland, 425-899-1000  
*EvergreenHealth*

### Sarah Devine

Seattle, 206-326-3000  
*Group Health Medical Center*

### Darrell Owens

Palliative care  
Seattle, 206-744-7086  
*Harborview Medical Center*

### Stephen Price

Kirkland, 425-899-1000  
*EvergreenHealth*

### Polly Richardson

Bellevue, 425-556-6300  
*Group Health Medical Center*

## NEONATAL NURSE PRACTITIONERS

### Heather Cruz

Seattle, 206-987-2444  
*Seattle Children's Hospital*

### Kimberly Vanwinkle

Seattle, 206-386-2430  
*Swedish Medical Center*

### Cheryl White

Seattle, 206-987-2000  
*Seattle Children's Hospital*

### Ramona Zuill

Seattle, 206-987-2000  
*Seattle Children's Hospital*

## PEDIATRIC NURSE PRACTITIONERS

### Darcy King

Developmental medicine  
Seattle, 206-987-2110  
*Seattle Children's Hospital*

### Susan Paeth

Seattle, 206-525-8000  
*Virginia Mason Medical Center*

## PSYCHIATRIC AND MENTAL HEALTH NURSE PRACTITIONERS

### Susan Caverly

Seattle, 206-723-1980  
*Therapeutic Health Services*

### Jason Law

Behavioral pediatrics, pediatric primary care  
Seattle, 206-223-6881  
*Virginia Mason Medical Center*

### Patti Varley

Child psychiatry and mental health  
Seattle, 206-987-2164  
*Seattle Children's Hospital*



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